

Size Guide Men's

	S	M	L	XL	XXL	3XL	4XL
Chest	88-92	96-100	104-108	112-116	120-124	128-132	136-140
Waist	76-80	84-88	92-96	100-104	108-112	116-120	124-128
Hip	92-96	100-104	108-112	116-120	124-128	132-136	140-144
Inseam length	80	82	84	86	88	90	92

iBirdies

smarter golf

Men' Pants, inch

	30"	31"	32"	33"	34"	36"	38"	40"
Waist	80	83	86	89	92	98	104	110

Men' Pants, Inseam, inch

30" 82 cm

34" 86 cm

Size Guide Ladies

	XS	S	M	L	XL	XXL
Chest	76-80	84-88	92-96	100-104	110-116	122-128
Waist	60-64	68-72	76-80	84-88	94-100	106-112
Hip	84-88	92-96	100-104	108-112	117-122	127-132
Inseam length	79	79	79	80	80	80

Size Guide Junior

	122/128	134/140	146/152	158/164
Chest	61-64	67-70	73-76	79-82
Waist	56-59	62-65	63-66	68-71
Hip	65-68	78-81	77-80	83-86

How to measure

Chest: Measure broadest part of chest up under the arms. **Waist:** Measure around your natural waistline. Keep tape measure a little loose. **Hip:** Measure hip at broadest part while keeping heels together. **Inseam length:** Measure from crotch to bottom of leg.

